

Child Care Health Consultation Lesson Plan

Contractor Name: Standard Lesson Plan

Date Submitted: 10/05/06

☐ **Children's Health Promotion**

Adult Training on Content Area V: Health and Safety

Select one standard and one level

Health and Safety Standards

- ☒ Promoting Risk Management Practices
- ☐ Protecting Children and Youth
- ☐ Promoting Physical Health
- ☐ Promoting Mental Health
- ☐ Promoting Healthy Eating

Training Levels

☐ 1 ☒ 2 ☐ 3 ☐ 4 ☐ 5

Source:

Core Competencies for Early Childhood and Youth Development Professionals (Kansas and Missouri), 2011

Title: The Period of Purple Crying, Did you know your baby would cry like this?

Training Goal: Health Care providers will understand what is normal and what you can expect when babies cry.

Learning Objective(s): Participants will recognize that at about 2 weeks of age babies may start to cry more each week. Will identify ways to comfort crying baby, recognize why shaking baby is dangerous.

Topical Outline of Content	Training Method(s)	Time (in minutes)
Introduction		
The Period of Purple Crying	Lecture and discussion	30 minutes
Video: The Period of Purple Crying, Did you know your baby would cry like this? http://training.dontshake.org/courses	DVD	30 minutes
PURPLE, the educational component helps caregivers understand the properties of crying.	Lecture and discussion	30 minutes

Method(s) of Outcome Evaluation: Q & A; Participant responses to discussion

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Date Approved:
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Authorized Approval Signature:
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